

THURSDAY BREAKOUT SESSIONS

10:40 a.m. - Breakout Session I

Overdose Prevention Efforts in Florida • Jennifer Williams

(Cypress 1)

Workshop participants will learn how to recognize and respond to an opioid overdose; understand different ways to obtain naloxone in Florida; and connect individuals in need with assistance through current overdose prevention initiatives in Florida.

Identifying Gaps, Supporting Families & Promoting Togetherness • Courtney Atkins

(Cypress 2)

Whole Child Leon will present on their successful approach to identifying and serving the community. In this session, attendees will learn the philosophy of Whole Child: building a community where all children thrive, the six dimensions of a child's wellbeing, their data-driven approach to identifying gaps in services for children and families, and the innovative solutions and creative initiatives addressing these findings. The presentation will also highlight one specific partnership with the Tallahassee Pediatric Foundation (TPF), the Pediatric Behavioral Health Center whose mission is to improve access to quality services for children and their families through integrated health practices. Whole Child Leon will discuss how this new approach to services can be replicated in other areas around the state.

The Importance of Emotional Intelligence and Interpersonal Skills for Leaders • Denishia Sword

(Palms E)

Imagine this scenario: A team member is in her manager's office for the weekly one-on-one meeting. She is dealing with personal issues and is unable to focus. Her answers are unclear and jumbled when she normally communicates clearly. Should the manager continue with the meeting, or recognize and address the difference in the team member's demeanor? The manager's decision and next steps can impact the team member's trust and confidence in the manager and, potentially, her job fulfillment and productivity. The Importance of Emotional Intelligence and Interpersonal Skills for Leaders will guide attendees on how to determine when and how to implement these important skills. Attendees will learn the definitions of emotional intelligence and specific interpersonal skills; how possessing or lacking these skills will impact team members; and review common leader/team member interactions and scenarios.

Reflective Supervision • John Sheetz

(Palms F)

Reflective Supervision is the practice of supporting professionals in human services with reflective practice. It pairs with Administrative Supervision to drive up quality, improve professional development, and produce better outcomes. This session will highlight what Reflective Supervision is and how it can be used within the parallel process to build confidence and competence in teams. Participants will work on their own reflective practice through an activity to build empathy in making life changes. Reflective Supervision is also an effective tool to reduce secondary trauma, as well as staff burnout and turnover. This workshop will reinforce the framework of Reflective Supervision and the benefits of reflective practice in the type of complex situations that are common with HFF clients. This session will focus mainly on supervisors to direct service.

Lost in Translation • Robin Hart and Beth Dingee

(Palms G)

Do you ever feel like, despite your best efforts, somewhere between your office door and a coworker's application of recommendations that something has gotten lost in translation? This session will explore some of the reasons behind the "why" of miscommunication and what we can do to create meaningful, productive supervision.

THURSDAY BREAKOUT SESSIONS

2:15 p.m. Breakout Session II

Grief and Loss in Home Visiting • Kyra D. Adams

(Cypress 1)

This session will explore the topic of grief and loss within your service community. Discussion topics will include: Providing Pregnancy & Infant Loss Bereavement Support; What Birth Workers (paraprofessionals/community workers) Need To Know; Caring for Clients with Pregnancy and Infant Loss; Tools for Compassionate Care; Holding Space for Pregnancy & Infant Loss; and Pregnancy & Infant Loss Grief Support.

Overdose Prevention Efforts in Florida • Jennifer Williams

(Cypress 2)

Workshop participants will learn how to recognize and respond to an opioid overdose; understand different ways to obtain naloxone in Florida; and connect individuals in need with assistance through current overdose prevention initiatives in Florida.

The Unmovable, Maybes, and Believers: How to Manage Workplace Change • Curtis Campogni

(Palms E)

Staff motivation becomes increasingly complex, and strategies to engage team members in organizational change can be more challenging than ever. Leaders must understand how to assess each staff member's readiness to change and ensure high-performing staff feels valued, the unsure are inspired, and toxic behaviors are held accountable. This workshop will provide an overview of three types of responses to change: 1) The Unmovable (Refuse to get on board), 2) The Maybes (On the fence about the change), and 3) The Believers (Believe in the change). The focus will be on utilizing evidence-based techniques such as Motivational Interviewing (MI) to engage each group, inspire unmotivated staff, reduce burnout, and ensure the change is successful!

Identifying Gaps, Supporting Families & Promoting Togetherness • Courtney Atkins

(Palms F)

Whole Child Leon will present on their successful approach to identifying and serving the community. In this session, attendees will learn the philosophy of Whole Child: building a community where all children thrive, the six dimensions of a child's wellbeing, their data-driven approach to identifying gaps in services for children and families, and the innovative solutions and creative initiatives addressing these findings. The presentation will also highlight one specific partnership with the Tallahassee Pediatric Foundation (TPF), the Pediatric Behavioral Health Center whose mission is to improve access to quality services for children and their families through integrated health practices. Whole Child Leon will discuss how this new approach to services can be replicated in other areas around the state.

Staff Retention Analysis • Dr. Terry Rhodes and Dr. Ying Zhang

(Palms G)

This breakout session will look at the statewide site-level staffing profile for 2021-2022 and trends over the last five fiscal years related to retention, salaries, and key demographics. It will also share findings from preliminary statistical analyses of staff retention in 2021-2022.

THURSDAY BREAKOUT SESSIONS

3:45 p.m. Breakout Session III

Perinatal Mood & Anxiety Disorders: A Training for Home Visitors • Kyra D. Adams

(Cypress 1)

In this session, we will discuss the mental health support home visitors can provide families throughout the perinatal experience. Topics include: Maternal Mental Health 101: What Community Workers Need to Know; What are Perinatal Mood and Anxiety Disorders?; and Perinatal Mood & Anxiety Disorders: A Training for Community Workers.

Engaging Fathers: Understanding & Supporting Fathers Experiencing Perinatal Depression • Patrick Childers

(Cypress 2)

In this session we will discuss perinatal depression and the effect it can have on fathers. Knowing that around 10% of fathers will experience Perinatal Depression, we will explore what perinatal depression looks like in fathers, what some of the causes can be, how home visitors can recognize it, and how we can help fathers overcome it using the Healthy Families Florida methodology.

The Importance of Emotional Intelligence and Interpersonal Skills for Leaders • Denishia Sword

(Palms E)

Imagine this scenario: A team member is in her manager's office for the weekly one-on-one meeting. She is dealing with personal issues and is unable to focus. Her answers are unclear and jumbled when she normally communicates clearly. Should the manager continue with the meeting, or recognize and address the difference in the team member's demeanor? The manager's decision and next steps can impact the team member's trust and confidence in the manager and, potentially, her job fulfillment and productivity. The Importance of Emotional Intelligence and Interpersonal Skills for Leaders will guide attendees on how to determine when and how to implement these important skills. Attendees will learn the definitions of emotional intelligence and specific interpersonal skills; how possessing or lacking these skills will impact team members; and review common leader/team member interactions and scenarios.

Supervising Supervisors • John Sheetz

(Palms F)

This session will be similar to John's other workshop, but with more of a focus on program managers with supervisors. Reflective Supervision is the practice of supporting professionals in human services with reflective practice. It pairs with Administrative Supervision to drive up quality, improve professionals development, and produce better outcomes. This session will highlight what Reflective Supervision is and how it can be used within the parallel process to build confidence and competence in teams. Participants will work on their own reflective practice through an activity to build empathy in making life changes. Reflective Supervision is also an effective tool to reduce secondary trauma, as well as staff burnout and turnover. This workshop will reinforce the framework of Reflective Supervision and the benefits of reflective practice in the type of complex situations that are common with HFF clients.

Lost in Translation • Robin Hart and Beth Dingee

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ABOUT THE SPEAKERS

Code Name: Keynote



**Derrick Stephens, MBA,
LCSW, QS**
"Bridging Us: Platform,
Position, Power"

Derrick Stephens, MBA, LCSW, QS, has been a lifelong advocate for vulnerable children and families involved with the child welfare system. His passion and dedication stem from his personal journey spending his childhood in and out of the Georgia and Florida foster care system due to his mother and father's battle with substance use disorder and mental illness. Mr. Stephens's mother is diagnosed with Schizophrenia, and at age 10, his father committed suicide.

Mr. Stephens is dedicated to ensuring access to education, physical and mental wellness, and innovative technology such as virtual/augmented reality for foster youth and alumni are universal. Mr. Stephens is a 2019 graduate of the Robert Wood Johnson Foundation Clinical Scholar Fellowship, where he led a team of healthcare professionals to Improve Quality of Life Outcomes for Florida's Foster Youth and Families. He is the founder of Underdog Dreams, a 501c not-for-profit organization that provides foster youth with the opportunity to imagine the possibilities, see a future filled with purpose, and live with intention. He obtained a Master of Social Work and a Master of Business Administration from the University of Central Florida and currently serves as Research Faculty with Florida State University College of Medicine, Behavioral Sciences and Social Medicine. There, he works on special projects with Florida's Department of Children and Families providing curriculum development and training, consultations and executive coaching.



Curtis Campogni
"The Power of Perspective" and
"The Unmovable, Maybes, and
Believers"

Curtis Campogni (Founder of Speak4MC) began working with the most at-risk teens in Florida in 2014. Seeking a new tool to engage and retain them, Curtis discovered the power of Motivational Interviewing (MI), and it quickly became his most useful technique to positively influence others. Since then, Curtis has supervised large workforce and juvenile justice programs in addition to training and coaching professionals who serve court-involved juveniles, families, out-of-school youth, and dislocated workers. He has inspired leaders and direct care staff across the country, speaking at numerous juvenile justice, child welfare, and workforce board conferences. In September 2021, Curtis created Speak 4 Motivating Change (Speak4MC). Speak4MC was founded on the belief that with the right tools, support, and motivation, any person, organization, and community can grow. Speak4MC provides services inspired by collaboration, compassion, empathy, and evocation. Speak4MC is determined to become the world's most trusted source for motivational content that inspires positive change.

ABOUT THE SPEAKERS

Most Wanted Breakouts



Jennifer Williams, CRPS-A
"Overdose Prevention Efforts
in Florida"

Jennifer Williams is the Statewide Overdose Prevention Coordinator for the Department of Children and Families, Office of Substance Abuse and Mental Health. She is an Adult Certified Recovery Peer Specialist. She assists in overseeing and managing the Overdose Prevention Program for the department, which partners with over 270 organizations and 185 pharmacies to provide naloxone to communities throughout Florida. She is a facilitator and Train the Trainer for multiple state, national, and internationally recognized trainings including, Youth and Adult Mental Health First Aid, Helping Others Heal, and Wellness Recovery Action Plan Training. As an individual living in long-term recovery, she has also been personally affected by the overdose crisis, losing her mom and others to overdose. She co-leads the Mental Wellbeing and Substance Abuse Prevention Priority Area Workgroup, Goal 3, for the State Health Improvement Plan, working closely with overarching key stakeholders in the system, analyzing the gaps, and developing strategic plans to prevent overdoses in our communities. A combination of her own lived experience, working in overdose prevention and overseeing statewide naloxone distribution efforts that interact with other state and federal initiatives has provided her a "ground level" perspective of the challenges faced by communities throughout the state and nation.



Courtney Atkins
"Supporting Families and
Promoting Togetherness"

Courtney Atkins is the Executive Director of both Whole Child Leon and the South City Foundation, where she leads collaborative efforts and initiatives, urging open communication and the sharing of resources between agencies to improve outcomes for all children and families. Some of the initiatives under her leadership include free developmental screenings for young children, the Pediatric Behavioral Health Navigation Program, Open Doors Outreach Network services of the Big Bend, and the Pop-up Preschool. Atkins was instrumental in South City earning the designation of a "Purpose Built Community." This historic neighborhood in Tallahassee is now one of only 28 communities in the nation to receive this designation, which includes resources and support to restore the community to a healthy, vibrant, and prosperous neighborhood. In 2020, Atkins was recognized as one of the 25 Women You Need to Know by the Tallahassee Democrat and as Tallahassee Community College's Women's History Valiant Women of the Vote honoree. Atkins was appointed to the Tallahassee Housing Authority Board of Commissioners and to the Tallahassee-Leon County Commission on the Status of Women and Girls, roles she still holds. Prior to her role with Whole Child Leon, Atkins served as a Licensed Professional Counselor in Arlington, VA, performing crisis intervention to the first responders during the aftermath of the September 11 attacks on the Pentagon. She is a native Floridian, having spent most of her life in Tallahassee.

ABOUT THE SPEAKERS

Most Wanted Breakouts



Denishia Sword

"The Importance of Emotional Intelligence and Interpersonal Skills for Leaders"

Denishia Sword is the Founder and Chief Executive Officer of Notable Impressions, Inc., a nonprofit professional development agency. She also serves as the Director of External Affairs for Florida's Insurance Consumer Advocate, where she oversees the consumer outreach initiatives, communications, and media relations efforts. Mrs. Sword has more than 16 years of communications, marketing, community outreach, and media relations experience and previously served as Chief of Education, Advocacy and Research for a Florida state agency. She has served as a producer for several television newscasts; an instructor of public speaking at Florida State University; and has been responsible for media relations for several state agencies. Mrs. Sword has also provided public outreach on behalf of the Florida House of Representatives and has led crisis communications efforts during health-related and natural disasters in Florida. Mrs. Sword is a certified Leadership and Life Coach. She has received several awards for communications and marketing initiatives, including the National Public Health Information Coalition (NPHIC) Award for Excellence in Public Health Communication. Mrs. Sword earned a bachelor's and master's degree in communications and marketing from the Florida State University and is married with two children.



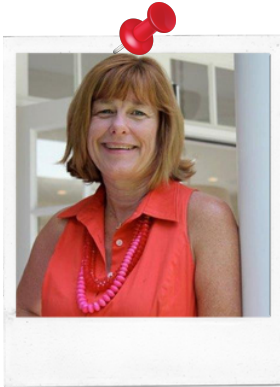
John Sheetz

"Reflective Supervision" and "Supervising Supervisors"

John Sheetz served as a Peace Corps Volunteer on Youth Development in Ukraine shortly after the Orange Revolution. To gain clinical skills and a perspective on American policy, John returned to Florida State University to pursue a Master of Social Work degree. He studied child welfare, emergency preparedness, and refugee services. He conducted research on pain, opioids, and mindfulness. After graduation, John became a therapeutic foster care trainer before pursuing consulting on child welfare services. This work has involved training new case managers across the panhandle, teaching child protective investigators about mental health, and developing evidence-based foster care programs for lead and contract agencies. John has continued international child welfare work by training case managers in Trinidad. John and his wife, Bekkah, also served as foster parents in Tallahassee. All of the children placed in their home transitioned to the permanent place they wanted to be. Over the last four years, John has coached Guardian ad Litem Child Advocate Managers and Child Protective Investigator Supervisors on leadership, management, and reflective supervision.

ABOUT THE SPEAKERS

Most Wanted Breakouts



Robin Hart

"Lost in Translation"

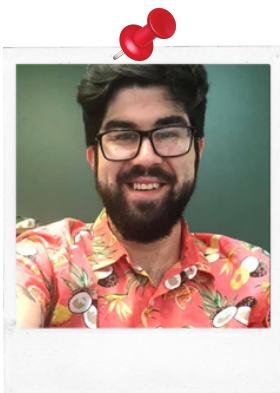
Robin Hart, HFF Senior Trainer, has worked with family support programs for 30 years, most notably for the past 27 years with the Healthy Families Florida program as a program manager and currently as a senior trainer with the HFF Training Institute. Robin is a certified Healthy Families America trainer. She specializes in Core Foundations, Assessments and Motivational Interviewing trainings. Robin is an expert Growing Great Kids curriculum trainer. She provides professional development and skill building to organizations all over Florida. She holds a bachelor's degree in Psychology.



Beth Dingee

"Lost in Translation"

Beth Dingee, HFF Trainer, has been an extraordinary HFF trainer for seven years. Throughout her years as a trainer, she has trained a variety of home visiting programs, not for profit organizations, as well as Universities. Beth provides a fun and engaging space for participants to learn, explore biases, provide loving push back, and to be vulnerable all while having a good time. Beth has worked as a home visitor, supervisor, and program manager. Beth is very familiar with the highs and lows each position holds. Beth's advocacy doesn't end at the end of the workday. She was a guardian ad litem for over four years and received the title of "Rookie of the Year" as a member of the local Exchange Club because of her local advocacy efforts. During some extra time that Covid provided, Beth took the opportunity to become Doula and Childbirth Educator certified.



Patrick Childers

"Engaging Fathers"

Patrick Childers is a Program Coordinator with Healthy Families Florida (HFF). He started with Healthy Families Florida in February 2018 and instantly fell in love with the program and families we serve. His hope is that he can continue to support HFF sites in their efforts to advance equity for father engagement with the program. Born and raised in Roanoke, Virginia, Patrick and his wife are now residents of Crawfordville, Florida, with their cat and dog, Clarence and Tank.

ABOUT THE SPEAKERS

Most Wanted Breakouts



**Kyra D. Adams, MSW, PKH-C,
CLC, ICCE**

"Grief and Loss in Home Visiting"
and "Perinatal Mood & Anxiety
Disorders: A Training for Home
Visitors"

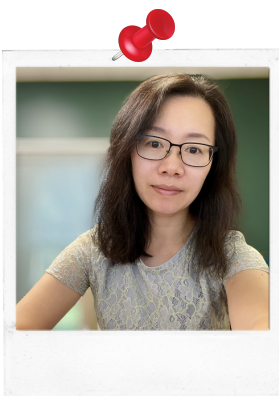
Kyra Adams earned her bachelor and master's degrees in Social Work from Florida State University College of Social Work. Since graduating, she has been dedicated to giving back to the College of Social Work by being a field educator to Social Work student interns and a student mentor to online graduate students. She is an adjunct professor teaching undergraduate and graduate level courses. She has completed certifications in Leadership in Executive and Administrative Development, Lactation Counseling, Perinatal Mental Health, and Childbirth Education. Her passion for birth work has also recently pushed her to complete doula training to further support the moms that she serves. Kyra completed specialized trainings to use evidence-based, perinatal depression curricula such as Mothers and Babies as well as Moving Beyond Depression. She has been a case manager, provided one-to-one breastfeeding education and support, taught group childbirth and newborn care education classes, led peer support groups, provided support to moms who were experiencing postpartum depression, and provided grief support to moms that experienced a pregnancy or infant loss. In March 2021, Kyra further pursued her passion by launching Maternal and Perinatal Services, where she provides breastfeeding education, childbirth education, and postpartum support including a pregnancy loss support group.



Dr. Terry Rhodes

"Staff Retention Analysis"

Dr. Terry J. Rhodes serves as the Director of Research, Evaluation & Systems and has over 20 years of service with the Ounce of Prevention Fund. The Research, Evaluation & Systems Unit conducts research and program evaluation and develops information management systems to support program management and evaluation for governmental entities, foundations, statewide coalitions, and local community-based organizations. The unit's portfolio of external clients includes the Florida Blue Foundation, Florida Alliance of YMCAs, Florida Association of Healthy Start Coalitions, Florida Developmental Disabilities Council, and United Way of Broward County.



Dr. Ying Zhang

"Staff Retention Analysis"

Dr. Ying Zhang is a senior evaluator at the Ounce of Prevention Fund of Florida. She primarily works on research and evaluation of the Healthy Families Florida program. Her education background includes a doctoral and a master's degree in educational measurement and statistics from Florida State University. She has over 10 years of experience working with child welfare and education data. As a devoted mom of two children, she is passionate about helping families and children in need in Florida.